

Y.M.C.A.

Choreographer: Mike Seurer 3200 N. Garden Ave. Roswell, NM 88201-7763 (505)622-5363

Record: Collectable 4337, "Y.M.C.A." The Village People

Footwork: Opposite, Except as noted

Time: 4:05

Phase: III

Speed: 44-45 rpm

Rhythm: Cha-Cha

Sequence: INTRO ABBC ABBC ABBC ENDING

INTRODUCTION

- 1----4 WAIT 2 MEAS;;ROLL 2,CHA; REVERSE ROLL 2,CHA;
1-2 In BFLY/WALL wait 2 meas;;
3-4 Sd L & trn LF 1/2 Fwd R & cont trn to BFLY/WALL, L/R,L; Sd R & trn
RF 1/2 Fwd L & cont trn to BFLY/WALL, R/L,R;
- 5----6 CUCARACHAS;;
5-6 Rk sd L ,rec R, sd L/cl R, sd L; Rk sd R, rec L, sd R/cl L, sd R;

PART A

- 1----4 NEW YORKER; WALK TWO,CHA; FWD & BK BASIC;;
1-2 Rk thru L twd RLOD to LOP, rec R to BFLY, fwd L/cl R, fwd L; Fwd R,
L, R/L,R;
3-4 Rk fwd L, rec R, sd L/cl R, sd L; Rk bk R, rec L, sd R/cl L, sd R;
- 5----8 TRAVELING DOORS;; CIRCLE CHA;;
5-6 Rk sd L twd LOD, rec R, XRif/sd L, XRif; Rk sd R twd RLOD, rec L,
XLif/sd R, XLif;
7-8 Fwd L trn LF 1/4, fwd R, fwd L/cl R, fwd L trn to fc/ptr; Fwd R, fwd L,
fwd R/cl L, fwd R to OP/LOD;

PART B

- 1----4 WALK TWO,CHA;WALK TWO, CHA; SLIDING DOOR;;
1-2 Fwd L,R, fwd L/cl R, fwd L; Fwd R, fwd L, fwd R/ clL, fwd R;
3-4 Rk sd L, rec R, XLif of R/sd R, XRif(W Xif of M);Rk sd R, rec L,
XRif of L/sd L, XRif (W Xif of M);
- 5----8 CIRCLE CHA;;SHOULDER TO SHOULDER;;
5-6 Fwd L trn LF 1/4, fwd R, fwd L/cl R, fwd L trn to fc/ptr; Fwd R, fwd L,
fwd R/cl L, fwd R to OP/LOD;
7-8 Rk fwd L to SDCAR, rec R, sd L/cl R, sd L; Rk fwd R to BJO, rec L,
sd L/cl L, sd R;

- 9----10 SANDSTEPS;;:
 9-10 Using swivel action on weighted foot, point toe of L to instep of R, heel of
 L to instep of R, XLif of R/sd R, XLif of R; Using same swivel action point
 toe of R toe to instep of L, heel of R to instep of L, XRif of L/sd L,
 XRif of L;

PART C

- 1----4 TIMESTEPS;;;:(OPTIONAL HAND MOVES, SEE NOTE)
 1-2 XLib of R, rec R, sd L/cl R, sd L; XRib of L, rec L, sd R/cl L, sd R;
 3-4 XLib of R, rec R, sd L/cl R, sd L; XRib of L, rec L, sd R/cl L, sd R;
 5----8 1/2 BASIC; WHIP; BASIC;;:
 5-6 Rk fwd L, rec R, sd L/cl R, sd L; Bk R trng LF, rec & fwd L cont LF trn
 to fc, sd R/cl L, sd R;
 7-8 Rk fwd L, rec R, sd L/cl R, sd L; Rk bk R, rec L, sd R/cl L, sd R;

ENDING

- 1----4 CHASE;;;:
 1-2 Fwd L, trng ½ RF to fc COH, rec & fwd R, fwd L/cl R ,fwd L(W rk bk R,
 rec & fwd L, Fwd R/cl L,fwd R; fwd R trng ½ LF to fc WALL, rec &
 fwd L, fwd R/cl L, fwd R(W fw dL trng ½ RF to fc WALL rec & fwd R,
 fwd L/cl R fwd L;
 3-4 Rk fwd L, rec R, bk L/cl R ,bk L; (W fwd R trng ½ LF to fc COH and M,
 rec & fwd L, fwd R,cl L, fwd R); jnd hnds in BFLY rk bk R, rec L,
 fwd R/cl L, fwd R;
 5----8 BASIC;; TWIRL 2,CHA; WRAP UP 2,CHA;(HOLD)
 5-6 Rk fwd L, rec R, sd L/cl R, sd L; Rk bk R, rec L, sd R/cl L, sd R;
 7-8 Sd L, XRib(As W twrls RF undr jnd ld hnds R,L), sd L/ cl R, sd L; Sd R
 twd RLOD trng LF to fc LOD, cl L(W wrps up LF to fc LOD L, R
 bk L/cl R, bk L),bk R/cl L,bk R;

(Note-- Optional hand movements for Part C 1-4..... Forming the letters Y.M.C.A, form each during each individual time step. To form the "Y" move both arms over head to form a "V" shape. To form the letter "M", move both arms over head and touch fingertips to top of head. To form the letter "C" curve left arm over head to form the top of the "C", to form the bottom, bring right arm down and hold outward curving hand up slightly. To form the letter "A" Bring armd straight over head and bring brings together)These hands movements are optional, but they add a touch fun touch to the dance. The dance work well even if the hand movements are left out. Enjoy)